On Sept. 17, a beautiful, sunny day in Corvallis, 22 OSURA golfers headed for the Trysting Tree Golf Course for the sixth annual OSURA Golf Scramble. Several veterans of previous years came from as far away as the Bend area to participate in the big event. The Golf Scramble was launched as a fun social event, not a fund-raiser. The intrepid golfers, who enjoyed the sunshine but would have been on the course regardless of the weather, were welcomed to the club house after their round by an equal number of party-goers. OSURA members introduced everyone to the new OSU initiative called “Powered by Orange” and distributed various goodies to help launch the new marketing strategy. OSURA President Jo Anne Trow introduced Paul Valenti, the illustrious OSU basketball coach from 1964–70. At age 88, Valenti still spends weekday mornings at his desk in the office of Beaver Sports Properties. He offered colorful insights into his career at OSU and into the coaches who have guided the Beavers over the years.

In addition, everyone was eligible for the drawing of prizes that Jack Ross had solicited from a number of donors, including John and Phil’s Toyota (Phil Doud), Trysting Tree Golf Course (Sean Arey, Bob Janes and Jacqui Wirth), Diamond Woods Golf Course (Jeff Doyle), Terence Elder and Rich Ruiz.

Special kudos go to Gary Meddaugh as the Chair of the Golf Committee, Bob Wess and Mary Roberts for the tournament management, Glenn Klein for his service as adviser and former chair, Donna Gregerson for her work with the catering staff, Jack Ross for donations solicitations and the other planning committee member Murray Laver.

Mark your calendar! The Seventh-Annual OSURA Trysting Tree Golf Tournament and Party is scheduled for Wednesday, Sept. 15, 2010. Come enjoy a round of golf with former colleagues and other OSURA members. But even if golf is not your thing, you will be treated to an evening of fun.

Do you have ideas for a speaker next year? Would you like to join the Committee to help plan next year’s tournament and party? Contact Gary Meddaugh to volunteer your service: gary_meddaugh@hotmail.com.

For tournament results, see page 5.
On behalf of the OSU Retirement Association I am pleased to welcome you to the 2009–10 year of interesting and worthwhile activities for university retirees. Already we had a fine kickoff for the year with the Annual Golf Tournament and Social at Trysting Tree Golf Course. Over 40 members and guests enjoyed an afternoon of friendly golf, socializing and good food. Paul Valenti, former men’s basketball coach and still active athletic department worker, spoke after dinner with great tales of his long and storied career. Jacqui Wirth, Trysting Tree assistant golf pro, brought us up to date about the status of the changes anticipated in the golf course as they widen Highway 34 in the near future.

I am sure many of you participated in University Day, visiting with old friends and seeing what is happening on campus. There are many changes each year, and we hope you take advantage of a number of resources available to you both electronically and by mail to let you know what is happening on campus. A Resource Directory is included in this newsletter.

The Member Services Committee planned a November meeting on “Social Networking or How To Be a Cool Grandparent” where we learned all you want to know (and maybe some things you didn’t know) about Facebook, twittering and other new and interesting developments. This is also the year when Member Services will also offer the pre-Retirement Workshop on the non-financial aspects of retirement. This will be held on campus so current employees can easily attend. Many of our meetings for retirees will now be held in the Conference Room of the OSU Foundation on 35th Street, where parking will be much easier.

The Program Committee sponsored a fascinating tour to Stahlbush Island Farms in October and is already planning for the annual OSURA attendance at women’s basketball and gymnastics, at one of the University Theatre productions and a number of other tours and programs. Watch your e-mail for announcements of dates.

Again this year, OSURA volunteers helped with CONNECT Week student orientation events, University Day, convocation, helped (at 7 a.m!) with the campus/community United Way Day of Caring and stepped up again for the annual fall Career Fair and flu shot clinics. Again, watch your e-mail for additional opportunities to sign up with Terri Tower, Volunteer Coordinator.

As the Board approved the 2009–10 budget at the September Board meeting, we included a significant amount toward the endowment for the scholarship program. We will offer at least $2,000 in scholarships for 2010–11 and may be able to increase that amount, depending upon contributions. Your support of the scholarship program is greatly appreciated, especially as the cost of education, even at our public institution, continues to increase.

As you know, any organization thrives when many members participate. So if you are interested in helping with programs, volunteering or helping us reach out to retirees who may not already know of the advantages of joining OSURA, let us know thru the sign-up forms found in this newsletter.

This past spring, Kathy Heath, OSURA past president, and I attended the Northwest Regional Retiree Associations meeting in Seattle. We found there is a wide range of retiree groups in our region and came away with some good ideas for programs and additional areas we can explore for service to our members. But most of all, we concluded that the OSU Retirement Association is one of the best – we have excellent support from the university, we find great satisfaction in giving back to the institution through our volunteer efforts, we have a wide range of programs for our members, give all members the opportunity to continue to feel a part of OSU and we offer scholarships in the field of healthy aging, which helps the students and us! We were very proud of the organization we have become in just seven short years. So I hope this year you find the programs interesting, the volunteering worthwhile and the opportunity to keep in touch with friends and make new ones a part of your OSURA life.

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Volunteer!

<table>
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<th>Winter Career Fair</th>
<th>Spring Career Fair</th>
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<td>Feb. 16–17, 2010</td>
<td>April 21, 2010</td>
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If you would like to volunteer, please contact Terri Tower: tktower@peak.org or 541-753-4637

Wondering about your membership status?
Check your mailing label to find out!
For a complete membership list, visit: oregonstate.edu/osura
New Board Members

John Block retired formally from the College of Pharmacy in November 1999, but continued with a half time appointment until June 2003. He still teaches the spring quarter. He received a B. Pharm. degree from Washington State University and has been a registered pharmacist for 35 years. His OSU career began in September 1966 when he arrived after completing his Ph.D. in medicinal chemistry from the University of Wisconsin–Madison. At OSU, John taught biochemistry and medicinal chemistry in the College of Pharmacy. His research has focused on the use of quantitative structure activity relationships among biologically active molecules. In addition, he has co-authored the Textbook of Inorganic Medicinal Chemistry, co-edited the 11th and 12th editions of Wilson and Gisvold’s Textbook of Organic Medicinal and Pharmaceutical Chemistry and co-edited books resulting from three medicinal chemistry symposia. John also spent one year conducting research in Stanford University’s Department of Chemistry. John and his wife Alice have been married 45 years and have three children and two grandchildren.

Helen Polensek, with husband Anton and daughter Natasha, came to Corvallis in Nov. 1965 for Anton’s job in the Forest Research Lab at OSU. Anton later got his Ph.D from OSU and became a professor in what is now the Dept. of Wood Science. Anton died in 1990. Although born in Alabama, Helen grew up in New Jersey, which accounts for her accent. She accommodates both Oregon and New Jersey by saying R-y-gn. She received an MA in Linguistics from the University of Michigan in 1962. She taught German at Oregon College of Education and then at OSU. An instructor at the former English Language Institute since 1975, she served as Academic Coordinator, Learning Center Supervisor and Program Director for various special programs, before retiring in 1997. She has worked in Canada, Germany, Yemen, Poland, and Thailand, mostly in teacher training programs or setting up learning centers.

The birth of two grandchildren to son David prompted her to take exercise and yoga classes, which she still does. She often visits her children and grandchildren in Portland, and they come to Corvallis for a week of “Grandma Camp” in July. She enjoys travel to other countries and road trips. In addition to volunteering for OSURA and the ELI, she is interested in gardening, science fiction, sustainability issues, health care reform, recycling, conservation and keeping up with her computer and internet with the Corvallis Macintosh Users Group.

Gideon Alegado retired as Building Manager of the Memorial Union in June 2008. He began his career at the MU in 1983, first as Graduate Assistant Night Manager, then as Night Manager and finally as Building Manager. He has a Master of Science and a Doctor of Education; both degrees are from OSU.

During his time at OSU, he restructured and formally organized the Filipino American Student Association in 1997 and served as its faculty adviser until his retirement (he still serves as adviser emeritus).

He also served in various committees on campus and is still involved in various civic and church groups and activities both locally and internationally. Most recently, he was selected as president of a college in the southern Philippines.

Gideon has been happily married for 39 years to his college sweetheart Rachel. They have two children and two little grandchildren.

OSURA Scholarship Launches Fourth Year

OSURA members are uniformly committed to continue offering scholarships to exemplary OSU students. With a history of three successful scholarship selection and awards processes, OSURA intends to launch the cycle for 2010.

Beginning in 2007, $2,000 in scholarships have been awarded annually to OSU students, based on scholarship, references, essay content and the applicant’s intent to enter a profession with the goal of enhancing healthy aging. $10 of OSURA member dues goes to support scholarships. In 2009, of 38 worthy applicants, three outstanding students were selected. “Each successive year, the quality and number of scholarship applicants grows”, said Susan Poole OSURA Scholarship Chair.

A larger goal of OSURA is to grow an endowment, from which more scholarship awards could be drawn. Gratefully, OSURA is getting closer to the necessary $25,000 to establish this endowment. Contributions by OSURA members and friends have allowed this process to happen more quickly. Checks or credit card contributions can be made to the OSU Foundation in the name of OSURA Scholarship.

Completed applications are due March 1, 2010. Scholarship recipients are announced and introduced at the OSURA Annual Meeting.

2009–2010 Scholarship Committee
Pictured from left: Sandra Helnick, Jean Peters, Christine Sproul, Carly Weeks and Susan Poole, chair
Not pictured: Floyd Bodyfelt and Maryann Staton.
Oregon State University Retirement Association (OSURA) is in its seventh year, and we are proud of our growth in members, service to OSU and breadth of our programs. OSURA is affiliated with University Advancement and receives staff support and modest funding from the University. Why should you become a member of OSURA?

- Develop and attend programs of interest to retirees
- Enjoy social activities with former colleagues and new OSURA friends
- Hear presentations on the state of OSU, as well as on topics of interest to OSU retirees
- Enjoy contact with students and OSU staff while volunteering for university-related service projects
- Strengthen and promote your ties to the university and OSURA retirees
- Advocate through OSURA for OSU retiree privileges at the university
- Participate in OSURA discussions of state government retiree benefits
- Take part in educational outings within the university and in the community
- Assist in creating an endowed scholarship, OSURA’s legacy to the field of healthy aging

Tours:
- Sports Performance Center
- Stahlbush Island Farm
- Digital Music Lab
- The OSU Radiation Center
- Valley Gymnastics Center
- Hatfield Marine Science Center
- The Oregon Garden
- O.H. Hinsdale Wave Lab
- The University Theatre
- Veterinary Medicine Hospital

Social: Dinner prior to an athletic event, dessert and discussion before a University Theater play, the Annual Golf Tournament and Party at Trysting Tree Golf Course.

Presentations: Pre-retirement presentations and discussions; programs related to topics such as healthy aging, identity theft, dealing with death, estate planning, social media for novices and retirees.

Volunteering: Fall and Spring Career Fairs, University Day, Convocation, Graduation, CONNECT Week assistance to new students, OSU flu clinic, campus blood drives, START programs for incoming students and their parents.

Scholarships: OSURA offers two $1,000 scholarships to undergraduate students pursuing a career that supports healthy aging. The association is working to create a scholarship endowment in the near future.

As a member you would also be entitled to:
- Annual Retiree Directory
- E-mail alerts about upcoming events or volunteer opportunities
- The OSURA newsletter
- Terra, the OSU Research Magazine
- Web site: oregonstate.edu/osura
OSURA Committees get the jobs done!

The great things OSURA does — the tours, social gatherings, presentations and student scholarships — are only possible with help from members like you. The board is only a small part of the organization. We rely on you to help us get the jobs done! Every year, we ask for help on various committees — have you signed up? Be an active member and sign up by e-mailing OSURA@oregonstate.edu with your committee choice. Let your voice be heard — make this organization yours.

Program Committee: plans campus and other tours, attendance at cultural activities such as theatre or concerts and group attendance at athletic events.

Membership Committee: tracks and recruits members and helps members stay connected with OSU.

Communication Committee: helps develop the Newsletter, publicizes OSURA events, monitors the Web site and keeps the display board current.

Scholarship Committee: includes all activities related to awarding the OSURA scholarship.

Member Services Committee: provides information and programs on retirement issues, including pensions, medical benefits and investment plans; advocates for access to campus facilities and services; provides information and programs on wellness and health care and financial issues.

E-mail: OSURA@oregonstate.edu to sign up.

Nancy Evans – Volunteer of the Year!

At the OSURA Annual Meeting in May, Nancy Evans was honored with the Volunteer of the Year Award. She admitted it took her by great surprise, “I never would have thought of it in my wildest dreams,” she said. A Californian at heart, Nancy has adjusted to the seasonal grey and rains of Oregon, but she still misses the daily sunshine. However, the move to Oregon has not dampened her enthusiasm for Oregon State University and volunteerism.

Nancy came to Corvallis in 1977 with her husband Roger, who was being relocated from the HP offices in Cupertino, Calif. While raising a family, she first took on a part-time, on-demand job helping with conferences at LaSells Stewart Center. Later she worked part-time in the office at Dixon Recreation Center, the MU Business Office and the Provost’s Office with arrangements for search committees for top university administrators. Nancy moved on to work in the College of Home Economics and became the building manager for Bates Hall, the Family Study Center. Her last position before retiring in 2003 was to provide support for the academic advisers in the College of Health and Human Sciences. What she thought would be an eight-year work stint turned into 18 wonderful years.

Nancy admits that her husband’s enthusiasm as a volunteer in the community has influenced her. She sees needs and wants to help others. She has often heard appeals to the University faculty and staff to do more with less. Theories are great, but how about practice? She realizes that OSU’s human resources are stretched very thin. She noted with a twinkle in her eyes that there are places where OSURA can help.

Nancy has assisted with a number of OSURA volunteer activities: Career Days, ID cards, the flu clinic and CONNECT Week among others. In addition, she served on the OSURA Board for three years, including two as Secretary. She is currently on the Program Committee and has set up theater events, including last summer’s Shakespeare in the Quad. Nancy is also actively involved with a local P.E.O. chapter, which awards scholarships to needy women students at LBCC and OSU.

OSURA is a great fit for Nancy. She is pleased that there is a broad base of support for OSURA’s volunteer work, diminishing the possibility of burnout. What is her favorite volunteer activity in OSURA? Nancy is drawn to events, such as Career Days, where she can have lots of student contact. In the beginning, she saw many students she had worked with on campus. Now that they have graduated, she still enjoys helping students, finding she derives energy and joy from her volunteer work.

2009 Golf Scramble Winners:

Low Gross Team: Mary Roberts, Paul Roberts, Barbara Moon, Dick Moon
Low Net Team: Gary Meddaugh, Larry Stuber, Mark Speulda, Dave Staton
Women’s KP (closest to pin): Jane Schroeder
Men’s KP: Mark Speulda
Women’s Long Drive: Mary Ann Phillips
Men’s Long Drive: Gary Meddaugh
I/We would like to renew/begin a membership with OSURA. Please enclose the membership fee of $20 for each person. Donations above $20 are gladly accepted and may be specified to go to the Scholarship Fund. Please make checks payable to OSURA. Membership year runs from July 1 - June 30.

Name
Are you a spouse/partner of a deceased OSU employee? ☐ Yes

Department
Retirement Date

Spouse/Partner

Department (If the spouse/partner is an OSU employee only) Retirement Date

Address: Street City State Zip

Phone Number:

E-mail The BEST way to receive notices and event announcements!

OSURA Annual Dues: $20 per member

Annual Dues:
Scholarship Fund:
Total:

All OSURA members will be listed in the OSU Retirees Directory.
☐ Check here if you would prefer your name not be listed.

Please return this form to OSURA, 205 Adams Hall Corvallis, OR 97331 For questions call: (541) 737-4717 or E-mail: osura@oregonstate.edu.