

2019-20 OSURA Scholarship Recipient Info

Christina Ann Cafferata is a University Honors College Junior from Sacramento, California. Her major is Kinesiology, with an option in Pre-Therapy and Allied Health, within the College of Health and Human Sciences.

She has an excellent academic record and strong involvement in research, as well as volunteer and university activities. Her extensive undergraduate research (including being a contributor to two publications) and volunteering with children with disabilities, on campus, as well as adults (including geriatric patients), off campus, have given her significant directed experience.

Christina feels being a Physical Therapy Professional will put her in an excellent position to contribute to healthy aging of individuals throughout their lifetimes. She wants to address both the mental and physical aspects of healthy aging. Consequently, she plans to use compassion and active learning in conjunction with specific physical therapy procedures to make her patients feel comfortable and motivated to accomplish their goals.

Alaina Holm is a junior from Manzanita, Oregon. She entered OSU as a Music major, but now is majoring in Psychology with a minor in Chemistry. She has compiled a splendid academic record across all the coursework she has taken, such that she was invited to join both national honor societies, Phi Kappa Phi and Phi Beta Kappa, in her junior year.

Alaina has worked on campus as a tutor to student athletes and as a laboratory technician in the Anthropology Department, organizing artifacts from previous digs. She has volunteered in a number of contexts, most recently as a hospital aide and as a part of the OSU Cultural Ambassador Conversant Program. She looks forward to a career as a psychiatrist.

Isabella Karabinas is a junior from Central Point, Oregon. She will graduate in 2020 with majors in Biochemistry & Molecular Biology and Psychology plus a minor in Chemistry.

She has a wide range of research and work experience, from interning at the Liston Laboratory as part of a Rockefeller scholarship to job shadowing at New York Presbyterian Hospital. She has been an outstanding Research Assistant in two labs on campus.

She continues as a Resident Assistant in OSU Housing as well as volunteering at Corvallis Caring Place and Community Outreach, Inc. She is an OSU Honors student, a Phi Beta Kappa member, and Chapter Co-President of the National Society of Leadership and Success.

Vincent Ngo is a junior from Portland, majoring in biology and planning to become a primary care physician. He has demonstrated contributions toward healthy aging populations thru

volunteering in hospitals and working in an assisted living center, Regency Park Place. And Park Place residents and co-workers recognized him as employee of the year in 2018.

In addition to his fine academic record he is actively involved in leadership with the Asian Pacific Student Union at OSU. His advisor notes that his extensive volunteer and work experiences have tested his values and confirmed to him that he would like to continue working with the aging segment of our population in the future.

Jasmin Yang is a junior from Corvallis, double majoring in Food Science and Technology and Chemistry. A student in the Honors College, her goal is to go to graduate school to study food chemistry. Her intention is to pursue a career in research to help the food industry produce more healthful and sustainable products.

She has done undergraduate research in the Department of Food Science and Technology, focusing on understanding food chemistry so as to create more sustainable food systems. Additionally, she is active in numerous community activities, including participation as a violinist in the Corvallis-OSU Symphony. She is also involved in the OSU Epic Movement, the Food and Fermentation Club, the Institute of Food Technologists and the OSU College Bowl Team.

Alexandra Zinn is a junior from Poulsbo, Washington, majoring in Biology with minors in both Chemistry and Public Health. Alexandra was exposed to the idea of “healthy aging” by observing that the athletic club operated by her parents offered fitness classes aimed at older adults.

She pursues that interest on campus by working as a research assistant in the Optimal Aging Laboratory. She is writing an Honors Thesis on the question of whether perceptions of one’s military service affects health later in life. Alexandra works with both ends of the age spectrum, volunteering at the Grace Center for Adult Day Services and mentoring new OSU students. She is a member of the Order of Omega, the national Greek Honor Society, and plans a career as a primary care physician.