

OSURA News & Views

Fall 2010

Spotlight: Scholarship Awards

Two OSURA scholarships in the amount of \$1,000 each were announced and presented at the organization's annual meeting in May. Recipients of 2010 scholarships were Christopher R. Betzing and Ben Kong.



Pictured from left to right: Susan Poole, current president and past scholarship chair, Christopher Betzing and Ben Kong.

Christopher Betzing carries a double major in Radiation Health Physics and Biochemistry/Biophysics, supplemented with a minor in Spanish. He intends to become a physician and to assist people in managing issues of aging and disease through technology, provision of understandable medical information, and encouragement of a healthy mental approach to life's challenges on the part of his patients. Christopher is co-

author of two research papers to be published shortly. He was selected as a College Undergraduate Research Associate for OHSU's Department of Radiation Medicine in 2007. His summer research has focused on techniques for better defining tumor locations within the body, to allow irradiation with minimal damage to surrounding healthy tissues.

Ben Kong is a student in the OSU College of Pharmacy, where he was last year's president of the Student Executive Council. Together with two classmates, he has formed Project CHANCE, based upon the observation that patients do not always take medications as prescribed and the realization that pharmacists must be sensitive to each patient's lifestyle in order to better control disease and promote healthy aging. In order to increase adherence, weekly medication schedules and cards are created. One reference writes that "the service has been well received by patients and providers alike." Another remarks that Ben is "an exceptionally intelligent, hard-working, motivated, gifted and kind student" who "holds himself to the highest moral and ethical standards."

These two remarkable students clearly exemplify the standards, goals, and criteria of OSURA's scholarship program. We congratulate them, and we look forward to the opportunity to encourage and support more of such students in the future. The number of applications for the scholarship has increased multifold since it was initiated just a few short years ago. You are encouraged to contribute whatever you are able to the OSURA scholarship fund at any time, thus enabling more numerous and more substantial awards to worthy candidates such as Christopher and Ben.

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President's Message

On behalf of the OSU Retirement Association Board of Directors, I am delighted to welcome you to the 2010-11 academic year. We hope that you will include OSURA programs, events and volunteer opportunities in your plans.



The annual OSURA Golf Tournament and Social kicked off the year. Twenty-two golfers competed and 10 more socialized and enjoyed dinner with the group.

University Day found many OSURA members volunteering for the event, while catching up with friends and colleagues and learning what is happening

with OSU. Some of you joined as new OSURA members, and others renewed. Our annual dues remain at \$20. Some of you signed up for OSURA committees (see descriptions on our web page). You still can!

Many resources and innovations are now available to OSU retirees electronically. We hope that you find them useful. Please let us know your e-mail address, so we can include you on our recipient list to receive announcements.

How can you become more involved? Read on!

The year's first **Member Services Committee** program will be in November, addressing the "financial storm." Several ideas are being considered for later in the year, including health care issues, PERS, the future of higher education and "Prepare to Care" – a program focusing on aspects of death and dying and how to cope with such emotional circumstances. There will again be a pre-retirement program in the Spring.

The **Program Committee** is working on arranging a field trip to Hazelnut Hill, as well as a trip to Newport and the Marine Science Center. Our very popular basketball and gymnastics events will most likely be held again.

Volunteers are needed for OSU events each term. Your **Volunteer Committee** seeks and facilitates event opportunities throughout the year.

Membership Committee has an expanded goal for OSURA

members. If you want to help develop ways of creating more interest in a larger membership, this is the committee for you.

With increased membership and generous donors to our OSURA Scholarships, there will be an increase in overall scholarship capacity in 2011. The **Scholarship Committee** establishes the criteria and process as well as selection of recipients. (Read about 2010 scholarship recipients on the front page.) Please consider a donation to OSURA Scholarship with a gift to OSU Foundation.

Great organizations thrive when many members participate. **Please consider this my invitation and your call to action. OSURA needs you!** Your involvement is vital to our mission. Those of you who have been involved know the advantages and rewards of being an active participant.

For the past several years, at least one member of the OSURA board has attended the Northwest Regional Retirees Association meeting. This past spring, President-elect Terri Tower traveled to Western Washington University (Bellingham), where their retirement association served as host. In May of 2011, OSURA will be hosting at OSU! A planning committee is making excellent progress in logistics and programming. Save the dates: May 18th through 20th. This regional meeting will be one week after our OSURA annual meeting, scheduled for May 11.

We gratefully acknowledge that OSU University Advancement continues to see the value in our organization and recognizes it with their ongoing financial and staff support. Kate Sanders is our OSURA office manager, from University Events. We are truly a better organization because of her exemplary skills.

In closing, I hope you find OSURA programs, events, tours, and entertainment interesting and enriching for you and your spouse, partner, or guest and that you have the opportunity to volunteer with old friends while making new ones part of your OSURA life.

POWERED BY ORANGE

A handwritten signature in orange ink that reads "Susan Poole".

Susan Poole, President of OSURA, 2010-11

OSURA's Mission

The Oregon State University Retirement Association (OSURA) promotes continuing collegial ties among all OSU retirees and between retirees and the university community by providing opportunities for ongoing intellectual growth, social interaction and service to the University.

Regional Retirement Association Meeting

OSURA will welcome colleagues from other university retirement associations when we host the regional Northwest University Retirement Association meeting for the first time in May 2011. This group meets once a year, usually rotating from one host campus to another. The primary purpose of the meeting is to share information and ideas about our various retiree organizations, programs, and funding. There is also the fun part of socializing with retirees and spouses from other institutions during meals and special events. At last year's meeting in Bellingham, hosted by Western Washington

University (WWU), representatives attended from WWU, University of Washington, Washington State University, Eastern Washington State University, Yakima Valley Community College, Portland State University, Montana State University, and, of course, Oregon State University. One of OSURA's chief goals for this event is to expand the number of institutions in attendance.

Dates for the event are **Wednesday, May 18, through Friday, May 20, 2011**. Space for attendees has been reserved at the Hilton Garden Inn, and meetings will be in LaSells

Stewart Center. Attendance at Thursday's closing dinner, featuring a speaker and/or entertainment, will be available for purchase to all OSURA members.

If you would like to assist with this special event, please contact one of the members of the Planning Committee. We are especially open to suggestions for speakers and entertainment at the closing dinner. Planning Committee members are Kathy Heath, Jo Anne Trow, Jean Peters, and Terri Tower. ☰

2010 Golf Tourney Results

An afternoon of fun, "fore", food, friendship, and frolic was had by one and all at this year's edition of the annual OSURA Golf Tournament. As always, the tournament was held on the beautiful fairways and greens of our own Trysting Tree course. Speakers included: Sean Arey, Trysting Tree golf pro; Michael Chaplin, OSU Assistant Gymnastics Coach; and Terri Tower, OSURA President-Elect.

This year's tournament winners were as follows:

Low Gross: Bob Wess, Sandra Wess, Cy Stadvold, Cynara Stadvold

Low Net: Corinne Blair, Pat Hunt, Carol Kronstad, Marilyn Wake

Men's Long Drive: Cy Stadvold

Women's Long Drive: Corinne Blair

Men's KP: Glenn Klein

Women's KP: Sandra Wess

Congratulations to all the winners. And congratulations and thanks to the Golf Committee's splendid planning and delivery of the event, under the leadership of committee chair Gary Meddaugh. Now it's time for everyone to start practicing for next year's tournament. Rumors are that a new trophy may be involved!

Thanks to the following sponsors for their generous contributions of door prizes. OSURA members, show your appreciation by patronizing these local businesses: **Trysting Tree Golf Course, Splish Splash Express Car Wash, Five Star Sports, Play It Again Sports, Chinook Winds Golf Resort, Diamond Woods Golf Course, John & Phil's Toyota Subaru Scion, Local Boyz Hawaiian Cafe, Waucomah Auto Center, Ringo, Stuber, Ensor, Hadlock, PC, OSU, Ted Kistner and P&M Roberts.** Special thanks to Rich Ruiz for his assistance with the Golf Committee in soliciting prizes. ☰



Pictured from left: Corinne Blair, Carol Kronstad, Marilyn Wake, Pat Hunt and Mary Ann Roberts.



Pictured from left: Cynara Stadvold, Cy Stadvold, Bob Wess, Sandra Wess and Mary Ann Roberts

What's Happening?

November 18

A program about the financial storm:

"Is the Recession Really Over? How Does That Impact Me?"

OSU Foundation Board Room: 3:30 p.m. - 5:30 p.m.

January 27

"The Future of Higher Education"

LaSells Stewart Center, more information to come.

Future Programs:

Preparing to Care: Dealing with death and dying of loved ones; PERS; tour of the Marine Science Center; and the popular winter gymnastics and basketball events as well! Check the event calendar on the OSURA web site for future programs. <http://oregonstate.edu/osura>

Volunteer Opportunities:

February 23-24: Winter Career Fair

June 10: Campus Clean-Up

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served as department head, Family Resource Management in her case. Gerry's major research projects have related to Family Time Use. Major teaching responsibilities have included survey courses in Household

Resource Use and graduate theory courses in Household Economics and Management. Gerry now enjoys travel in the U.S. and abroad, involvement with numerous local organizations, and a regular early morning exercise class.

We welcome all three of these talented OSU retirees to our board. Their wisdom, experience, and leadership skills promise to serve the organization well. ☰

Volunteer Activity

The OSU campus was at least fifteen litter buckets cleaner than it might have been for Commencement 2010 this past June. On the day before Commencement, ten OSURA volunteers, directed by staff of University Facilities Services, scoured the shrub beds and grassy areas to remove litter from high activity sections of our fair campus. Due to the success of this first-time OSURA volunteer event, a repeat performance is planned for June 2011.

Three OSURA members received Volunteer of the Year honors at the 2010 Annual Meeting. **Roy Arnold** was recognized for his commitment, contributions, and many years of service to OSURA in his role as chair of the Member Services committee. **Sue and Jerry Borden** were recognized as a couple who, together, volunteered for four different events and a total of 16 volunteer hours. The Bordens were greeting a new grandchild in the Midwest, so were not present at the meeting to receive their award. Volunteer Coordinator Terri Tower also acknowledged **Arnold Appleby**, a previous Volunteer of the Year award recipient, for being the single OSURA member with “perfect attendance” at all volunteer events throughout the year.



Back row from left: Arnold Appleby, Curt McCann, Jerry Borden, Sue Borden, Gerry Olson and Carroll DeKock
Front row from left: Rosanna Leeson and Sandra Helmick

OSURA Volunteers – you are wonderful. **THANK YOU** all so **very-very-very** much for your volunteer efforts on five different days in the four weeks between September 23 and October 20 – University Day, Flu Clinic I, Career Fair (two days), and Flu Clinic II. This gives new meaning to being “Busy Beavers”. You really carried the day for OSURA volunteerism. 🐿️

Upcoming Volunteer Events

February 23-24: Winter Career Fair

June 10: Campus Clean-Up

These are just two events coming up. But, we have many opportunities throughout the year. Check your e-mail for volunteer opportunities. If you would like to volunteer for the Winter Career Fair or the Campus Clean-up, contact Terri Tower: tktower@peak.org or 541-753-4637

Call for “Grabbers”

The Volunteer Committee is soliciting “grabbers” for litter clean-up. These tools are often used in hospital or rehab programs for people recovering from joint or other surgeries, to grasp clothing or to reach and pick up objects. If you have one that is not being used, please donate it to the clean-up cause. Contact Terri Tower, Volunteer Coordinator, at tktower@peak.org.

OSURA Committees get the jobs done!

The great things OSURA does — the tours, social gatherings, presentations and student scholarships — are only possible with help from members like you. The board is only a small part of the organization. We rely on you to help us get the jobs done! Every year, we ask for help on various committees — have you signed up? Be an active member and sign up by e-mailing OSURA @oregonstate.edu with your committee choice. Let your voice be heard, make this organization yours.

Program Committee: plans campus and other tours, attendance at cultural activities such as theatre or concerts and group attendance at athletic events.

Membership Committee: actively recruits new members, retains and tracks current members while helping members stay connected with OSU.

Communication Committee: helps develop the Newsletter, publicizes OSURA events, monitors the Web site and keeps the display board current.

Scholarship Committee: includes all activities related to awarding the OSURA scholarship.

Member Services Committee: provides information and programs on retirement issues, including pensions, medical benefits and investment plans; advocates for access to campus facilities and services; provides information and programs on wellness and health care and financial issues.

E-mail: OSURA@oregonstate.edu to sign up.

Trivia:

Who is the first and only OSU Beaver to appear on a box of Wheaties?

The answer can be found online: oregonstate.edu/osura

New Members Join OSURA Board

The most recent additions to the OSURA Board of Directors bring with them almost 90 years of OSU experience in three disciplines.

Carroll DeKock arrived at OSU in 1967 and joined the Department of Chemistry faculty as an assistant professor. He served as department chair from 1984–1998 and as President of the OSU Faculty Senate in 1993. Carroll's 32-year term of excellent service to OSU came to an end with his retirement in 1999. Since retirement, he has most

enjoyed traveling, downhill skiing, whitewater kayaking, birding, and gardening. Carroll and his wife, Gerry, have two children and five grandchildren.

Tom McClintock joined the Department of History faculty in 1959, with fresh University of Washington Ph.D. in hand. During a 30-year career of outstanding teaching, he also served as department chair and as Associate Dean of the College of Liberal Arts. His shining record of public service includes the Corvallis School Board, the Oregon Board of Education,

the Oregon Council for the Humanities, and, currently, the Oregon Geographic Names Board. Among Tom's publications is a history of the Corvallis-Benton County Public Library.

Gerry Olson completes the new class of members. She has been a Badger, a "Big Red" Bear, a Buckeye, and, last and longest, a Beaver, having served in the College of Home Economics for 25 years. She, too,

Board Members | page 3:

Todd Simmons - Interim VP, University Advancement

As many of you know, OSURA is financially supported by Oregon State University, under the division of University Advancement. We receive \$9,000 a year for operating expenses and office help from University Events. Luanne Lawrence, the past vice president of University Advancement, took a new position this summer at the University of South Carolina. Currently, Todd Simmons, the previous assistant vice president of University Advancement, is serving as the interim vice president of University Advancement.

Todd Simmons is in his sixth year at Oregon State University. Since 1991, Simmons has led communications efforts at the University of Oregon, Florida International University, the

University of South Florida and the University of Miami School of Medicine. Prior to that, he was a political and higher education reporter and editorial writer at The Tampa Tribune and multiple New York Times-owned newspapers around Florida. He holds a B.S. in Journalism from the University of Florida and completed the intensive Executive Development Summer Program at FIU, as well as graduate courses at three universities.

In his current capacity, Simmons is further developing integrated marketing communications planning efforts launched last year. One key activity that will be undertaken this fall under his leadership is a comprehensive survey that will help OSU

understand better its standing among key target audiences on a variety of reputational factors. Results from the survey will guide OSU communications efforts, helping to shape messaging and communications priorities.

Simmons isn't the only member of his family who is now proud to be a Beaver: His partner of 14 years, Gustavo Martinez-Padilla, is director of the OSU CASA Latina/o office, which leads efforts to recruit and retain Hispanic students for the university. Their sons, ages 7 and 6, are students at Lincoln Elementary School in South Corvallis. 🏠

Discover OSURA's Web Site

If you are a typical participant in the computer age, you have encountered countless oral or printed suggestions that you look something up on a particular web page. And you have ignored most of those suggestions. They are well-intentioned and worthy, but we just don't take the time and trouble to actually "go to the web page" (once we have learned what that phrase even means).

This is one more plea to search out – and utilize – a very special web page. If you have not yet examined OSURA's own web page, please take a few minutes to have a look. Go to <http://oregonstate.edu/osura>, and discover the world of relevant information that awaits you there. Here's a preview.

Our home page contains some interesting miscellany, such as the results of a 2008 OSURA survey of members, a catalog of OSU buildings named for women, and

answers to newsletter OSU trivia questions. It also contains a listing of nearly a dozen separate topics. Click on any one of these to find detailed information on a given topic. Categories include the following.

Membership: reasons to join OSURA, how to do so, membership lists. **History and Mission:** the story of how and why the organization came into existence, plus copies of our by-laws and constitution. **Events – Calendar:** coming OSURA events and a catalog of all OSURA programs since 2002. **Volunteer Opportunities:** descriptions of OSURA committees awaiting your participation, plus upcoming campus activities which need your assistance – and how to sign up. **Newsletters:** electronic copies of the content of every OSURA newsletter published since Spring 2003. **OSURA Scholarship:** a description of our scholarship, its selection criteria, and how to apply. And profiles and photographs of past winners. **Retiree Resources:** a listing

of other programs and organizations of special pertinence to OSU retirees, with links for contacting many of them. Includes "Staying Connected to OSU," with helpful pointers on matters ranging from parking and athletic tickets to enrolling in classes and accessing the bookstore. **Board Members:** profiles and photos of members of the OSURA Board of Directors. **Board Minutes:** scintillating summaries of the topics and decisions of every board meeting. **Photo Gallery:** assorted photographs of OSURA members in the setting of OSURA programs and activities. **Contact Us:** instructions on how to do exactly that. We welcome your comments and queries.

We have tried to construct an electronic resource that is both helpful and rewarding. Take a look. And keep doing so from time to time, since content changes regularly. 🏠



OSU Retirement Association

Oregon State University
205 Adams Hall
Corvallis, OR 97330

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YES!

I/We would like to renew/begin a membership with OSURA. Please enclose the membership fee of \$20 for each person. Donations above \$20 are gladly accepted for the Scholarship Fund.

Please make checks payable to OSURA.
Membership year runs from July 1, 2010- June 30, 2011.

OSURA Annual Dues: \$20 per member

Annual Dues: _____

Scholarship Fund: _____

Total: _____

Name _____ Are you a spouse/partner of a deceased OSU employee? Yes

Department _____ Retirement Date _____

Spouse/Partner _____

Department (if the spouse/partner is an OSU employee only) _____ Retirement Date _____

Address: _____ Street _____ City _____ State _____ Zip _____

Phone Number: _____

E-mail The BEST way to receive notices and event announcements!

Please return this form to OSURA, 205 Adams Hall Corvallis, OR 97331 For questions call: (541) 737-4717 or E-mail: osura@oregonstate.edu.