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OSURA Web Site
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Volunteering and OSURA: A Key Reason for Being Involved

From its founding in 2001, the Oregon State Retirement Association has encouraged its members to volunteer to help with campus events. Indeed, one tenet of its constitution lists as a purpose, "To promote volunteerism in the OSU community."

The organization's first venture in the volunteer arena was in Fall Term 2002 when 20 members helped staff information stations during New Student Week and the first two days of classes, according to Bill Brennan, OSURA president. "Since that time, OSURA volunteer efforts have increased this past year to over 100 people helping with the Summer Orientation Program and OSU Connect in the Fall, two Career Services Office Career Fairs, new student ID card distribution, and Commencement."

This year has been the busiest yet for OSURA volunteers. "We helped with Summer Orientation in June and July, working in the Memorial Union to answer questions and give directions to new students," recalls Kathy Heath, volunteer coordinator. "We had volunteers at the CONNECT table in the MU and at the information table in the lobby of the Kerr Administration Building in September. We were also at the 'Taste of OSU' event in the CH2M-Hill Alumni Center Fall Term and

Winter Term. We helped at the Career Fair both terms."

OSURA's volunteer endeavors reached their pinnacle in the handing out of new ID cards. Last November, 76 people filled 81 different slots from 8 a.m. to 5 p.m. over a two week period with four shifts of two or three hours each day. During that time, they distributed over half of the

knowledge gap by bringing expertise and knowledge of the campus without the need for any training and orientation. They reflect a deep love for OSU and instill that same value in others. Most importantly, they represent the ethic of lifelong engagement in service to our community—that's the same value we are hoping to cultivate in our students." Adds Brennan, with a laugh, "No tax dollars were used in the shirt project. I want to

Those who can, do.

Those who can do more, volunteer!

19,000 plus student cards along with those for faculty. "The whole process went smoothly," recalls Heath. "We did a great job and our volunteers enjoyed it because they connected with the students in a way retirees had not seen in a while. ID Center staff members appreciated our help."

In fact, Larry Roper, vice provost for student affairs, was so pleased with the effort that he offered to buy 125 polo shirts for volunteers who have worked over the past year. "OSURA volunteers have benefited units throughout student affairs by providing vital services that current staffing levels would not allow us to perform," he says. "They devoted over 500 hours of time to us in the ID card conversion process alone. They have also filled a

thank Dr. Roper for his generous donation of money for buying the shirts. Our volunteers will wear them proudly when they work at future events and this is great PR for us. There are plenty of volunteer opportunities in OSURA's future. The Office of Community and Diversity could use some help in conducting upcoming research projects, for example. OSURA itself needs members to staff its program, membership recruitment, member benefits, and

(continued on page 3)

Annual Meeting

Wednesday, May 11
3 p.m. - 5 p.m.
OSU Foundation Bldg.
35th and Western Blvd.

Spring Term 2005

April 30

OSURA Day at Women's Softball Game, OSU vs. Arizona, 1 p.m., OSU Softball Complex, 26th St. and Western Blvd., Free Admission.

May 11

OSURA Annual Meeting, 3 p.m., OSU Foundation Building.

May 12

Tour of Bone Research Laboratory, 1:30 p.m., Women's Building

May 19

A Night at the Theatre. Ibsen's, "A Doll's House," University Theatre, 7:30 p.m. Dessert Reception, 6:30 p.m. Theatre Green Room

September 2005

September 7

OSURA Golf Tournament, Trysting Tree Golf Course

President's Message

Wow! Well, it certainly has gone fast, my term as president that is, and it truly has been fun! No, I'm not just saying that! For the first five years of my retirement, I tended to avoid contact with OSU. Even though I retired on good terms (I think) I wanted to focus on my future, not my past. I must have been ready to reconnect with the University for after coming to the first social/organizational meeting of OSURA in December of 2000 and seeing old friends and colleagues, I was hooked. Getting involved seemed natural.

We've accomplished a lot this year and I wish I could take credit. But the seeds of this year's successes were sown by our founders and there were many; Bill Wilkins (former dean of Liberal Arts) and George Keller (former vice president of Research & International Programs) come to mind. Others include OSURA's first two presidents, Les Dunnington (Counseling Center) and Jean Peters (Nutrition & Food Management), and members of our board, past and present.

OSURA membership has increased this past year from 140 to over 350.

This September, we held our first annual golf tournament & party at Trysting Tree Golf

In Brief

■ During the past 10 years, OSU has developed a nationally recognized program in bone research and exercise. Much of the research indicates that the best way to increase bone mass in the hips is through high-impact exercise. "It is increasingly evident that the best method for preventing osteoporosis is to bank bone mass in childhood and maintain as much as you can through your adult years," says Christine Snow, director of the OSU Bone Research Laboratory. Each year, some 300,000 elderly Americans suffer hip fractures, leading to hospitalization, incapacitation, and even death. It is a painful \$14 billion annual health care problem. These and other facts about your bones will highlight a presentation and tour of the bone lab on May 12th at 1:30 p.m. Those interested should gather in the lobby of the Women's Building. Because of space limitations, the tour is limited to 30 people. Please contact Kathy Heath at heathk6@comcast.net to reserve a space.

■ A block of tickets have been made available to OSURA members for the Thurs-

day, May 19 University Theatre performance of Henrik Ibsen's "A Doll's House," beginning at 7:30 p.m. The performance will be preceded by a 6:30 p.m. dessert reception for OSURA members in the Green Room during which University Theatre Director Charlotte Headrick will talk about the play and its significance. (For the physically impaired, a new elevator system in the Withycombe Hall lobby makes both the theater and the Green Room more accessible.)

Tickets to the performance will be available starting May 9, and can be ordered by calling the box office at 737-2784. Members should order tickets by May 13 so the theatre can release any remaining tickets for general sale. For more information and to sign up for the dessert, contact Ken Krane at 752-2361, or kranek@physics.orst.edu.

Course. For the first time, OSURA arranged for the inclusion of OSU retirees in this year's *Campus Directory* and provided our membership with individual copies of a new *OSU Retiree's Directory*. In December, the Board submitted a proposal to the Provost to become an official part of the University with some on-going funding and staff support; the results of which are not known as this is written, but we are hopeful and should be able to give you an up-to-date report at the Annual Meeting, May 11. OSURA, the University, and I have been blessed as over 100 of you served as volunteers at a myriad of University events and activities during this year. OSURA, with the most abled help of Marilyn Sarff, our special events coordinator (President's Office), has sponsored several programs highlighting various aspects of the University. I hope all of this has been as much fun for you as it has for me.

Anyway as the hardest working man in show business, James Brown, is famous for singing, "I feel good" about what OSURA has accomplished in its first three years and feel even better about its future.

I'd do it again!

—Bill Brennan, President

■ The Second Annual OSURA Golf Tournament and Party is set for Wednesday, September 7, at the Trysting Tree Golf Course. Members will receive more details as that date draws closer.

OSURA Annual Meeting to be Held May 11

For the second year in a row, OSU President Ed Ray will deliver the keynote speech when the Oregon State University Retirement Association gathers for its annual meeting May 11 from 3 p.m. to 5 p.m. in the OSU Foundation Building at 35th and Western in Corvallis. There is ample parking adjacent to the building.

"We are thrilled that President Ray has once again found the time in his schedule to talk to our members," said Bill Brennan, OSURA president. "Last year's talk and the Q and A afterwards were really useful and interesting."

Other special guests will include Jackie Balzer, interim dean of students; Kris Winter, director of student orientation and retention; and Terry Ross, director of community and diversity. Although Larry Roper, vice provost for student affairs is not able to attend the meeting, Brennan announced that he would receive an honorary membership for his support of OSURA.

Before the Ray talk, Brennan promises entertainment. "OSURA has arranged

for a special mystery entertainer hailing from our younger days," he laughs.

There will also be a special recognition of OSURA volunteers. Last year, outstanding volunteers Glenn Klein, Jo Anne Trow, and Dale Weber received certificates.

The annual business meeting will complete the afternoon's activities. During it, the slate of new officers will be presented: David Eiseman, president; Ken Krane, president-elect; Kathy Heath, treasurer; Glenn Klein, secretary; and Bill Brennan, past president. Nominated as new board members are Nancy Evans and Gary Tiedeman. Kathy Meddaugh is up for election to a second three year term.

OSURA was founded four years ago as a way for retired staff and faculty to continue their ties with OSU and to serve. To that end, 2004-2005 has seen an expansion of the volunteering effort that has marked the greatest success of the organization, according to Brennan. As noted in the cover story of this issue of



OSU President Ed Ray

The Beaver Log, 76 people worked over 500 hours to help hand out student ID cards, in just one of these efforts.

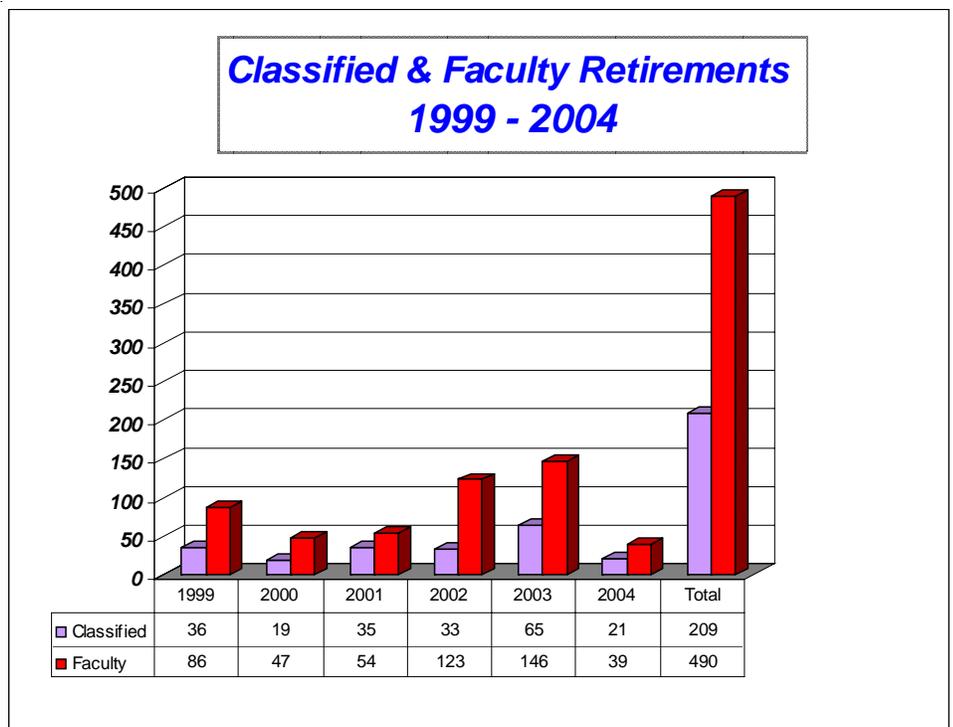
The academic year has also seen the First Annual Golf Tournament and party at Trysting Tree Golf Course, a tour of the newly renovated Weatherford Hall, a tour of the OSU Meat Lab and a sausage fest, a lecture by Jim Howland on Oregon's McCullough bridges, and attendance at OSU women's basketball and softball games. A new Retirees Directory was also published.

The Recent Rush in Retirements: A Demographic Rundown

This chart represents the number of faculty (both academic and professional) and classified employees who retired from active service at Oregon State University from 1999 to 2004. The recent rush in retirements results from age and service demographics and the changes to PERS. This brought on a feeling of uncertainty about the future. The data comes from the human resource database. Prior to 1999, retirement information was kept manually and was not dependable.

Volunteers (continued from page 1) volunteer committees. Interested members should contact David Eiseman, president-elect, at 541-752-0809, or by e-mail at eisemand@onid.orst.edu.

Concludes Heath: "Our volunteers are enthusiastic and always volunteer willingly to help. The response to any e-mail when I ask for help is quick."





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Yes!

I/We would like to renew/begin a membership with OSURA. Enclosed is the membership fee of \$10 for each person. Donations above \$10 are gladly accepted. Please make checks payable to OSURA. Membership year runs from July 1 - June 30. Dues for 2005-2006 can be paid at the Annual Meeting or mailed to the address below.

Name _____ Spouse/Partner's Name _____

Address _____
Street City State Zip

Summer/Winter Address _____
Street City State Zip

Phone _____ Email (please print legibly) _____

If you are an OSU retiree, where did you work? _____

Please return this form to Gale Hazel, OSURA, University Events, Oregon State University, 524 Kerr Administration Bldg. Corvallis, OR 97331-2126. For questions contact Gale Hazel, (541) 737-0724, gale.hazel@oregonstate.edu.