

OSU RA

RETIREMENT
ASSOCIATION

OSURA News & Views

A Newsletter for Oregon State University Retirees

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Trivia Question

What was Betty
Crocker's real name?

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OSURA Web Site
oregonstate.edu/osura

Gary Tiedeman,
Editor and Writer

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Annual Meeting Ahead

Get out your calendars, and save the afternoon of Wednesday, May 9. It's time for the OSURA Annual Meeting. We will gather at the Valley End Zone, beginning at 3 p.m., with a program scheduled to conclude by 5 p.m. Both President Ed Ray and Vice President of University Advancement Luanne Lawrence will be there to discuss the state of the university. Another



President Ed Ray

highlight will be the presentation of the very first OSURA scholarships, to be given each year to an outstanding

undergraduate student with studies leading to a career involving some aspect of healthful aging. (See story below.) This year's annual meeting entertainment will be provided by the highly acclaimed OSU men's a capella



Luanne Lawrence

group "Outspoken." There will be a short business meeting, including the election of new Board members. Plenty of refreshments will be available, and, of course, there will be door prizes. An exciting inno-

vation at this year's meeting will be a fund-raising raffle, with proceeds to be divided between the OSURA scholarship and the ASOSU Veterans Affairs Scholarship, open to veterans pursuing an undergraduate OSU degree. Those purchasing raffle tickets can win bottles of wine, books, a U.S. flag commemorating 9/11/01, or the Grand Prize, valued at \$395: a flight for three over the Willamette Valley or to the Oregon coast and back. Beyond all of this excitement, the annual meeting is an opportunity to mix with friends and former OSU colleagues, catch up on each other's activities, and learn of new projects and achievements on campus. Please join us! And don't forget to bring along your wallet or checkbook, to renew your OSURA membership and to take part in the raffle.

Scholarship Winners Announced

Three outstanding OSU students have been selected to receive the first-ever OSURA scholarships. The purpose of the scholarship is to support undergraduate students majoring in a subject that leads to a career in a field promoting healthy aging. Daniel Bai, recipient of a \$1,000 scholarship, is a junior majoring in Honors Biochemistry and Biophysics. He has worked for two summers on a research project funded by the Howard Hughes Medical Institute. He volunteers at the Regent Retirement Center

and is a Teaching Assistant in Honors Chemistry, an ASOSU senator, and a College of Science Ambassador. He plans to become a physician. Cathy Couey, recipient of a \$500 scholarship, is a junior majoring in Human Development and Family Science with an option in Gerontology. She has worked with the elderly and with at risk students for many years at facilities throughout the Willamette Valley. Her desire is "to improve the quality and delivery of elder care in anticipation of the gray

wave of Baby Boomers." Mae Beth Heininge, also a \$500 scholarship recipient, is a junior at the OSU Cascade Campus in Bend and, like Cathy, a major in HDFS with a Gerontology option. She has worked for over fifteen years as a nurse in hospitals in both Oregon and California. She plans to draw upon her work as a nurse to begin a new career as a human services case manager. We congratulate all three of these fine students, and we wish them well as they pursue their chosen careers.

President's Message

As I write this from the perspective of 4 years of "semi-retirement" and the end of my year as President of OSURA, I thought I might make some personal observations about retirement and the local community.

After retiring in 2003 with 29 years of service as a faculty member in the Department of Physics, I have continued to teach an occasional course and to work in my research laboratory. The opportunity to maintain a connection with my former department has helped me to ease gradually into retirement without the "separation anxiety" that often occurs when leaving a job after a long and pleasant tenure. This was especially important to me, because my retirement was sudden and unplanned – I decided to retire on short notice as a result of the changes in the PERS system. I still feel I am a part of OSU, and I still find teaching physics to undergraduates to be as challenging and fulfilling as I did when I began at OSU 33 years ago. In my current situation I appreciate the lack of pressure and the freedom from having to make firm commitments to be in my office or laboratory at definite times.

I also find that I enjoy being part of a community of retirees. I see my fellow retirees often – on campus, at community events such as plays and concerts, and of course at OSURA programs. These activities provide the "spice" to make retired life in Corvallis stimulating and entertaining, and it is especially satisfying to share them with retired faculty and staff whom I have known and worked alongside during more than 3 decades.

I have especially benefited from participating in the Academy for Lifelong Learning. I typically attend 2 or 3 ALL classes each week, covering topics that invariably turn out to be thought-provoking and stimulating – history, politics, economics, foreign cultures, music, science and engineering. I am impressed by the wealth of talent that we have available in our community and by the willingness of these experts to volunteer their time to share their knowledge and interests. But I am usually more impressed by the ALL audiences – they are well informed, attentive, and prepared to ask thoughtful and provocative questions.



I now find myself looking forward to retired life in Corvallis with great anticipation and enthusiasm. On the short term, the onset of warm weather is imminent and soon we shall be strolling through our wonderful Farmers' Market. On the longer term, I would like to continue occasional teaching and research over the next 2 or 3 years and gradually to bring a sense of closure to my professional activities. Each year I hope to be able to enjoy a multitude of treats: concerts put on by our marvelous Corvallis-OSU Symphony and Chamber Music Corvallis, plays by the OSU University Theatre and the Corvallis Community Theater, and trips to Ashland and the Oregon Coast.

As a retired person, I like having the time to hang out in Corvallis' many coffee houses, which allows me to greet friends, read a book or a magazine, or surf the internet while getting my caffeine fix. I also enjoy having the time to try (but not always succeed) to complete the Sunday New York Times crossword puzzle on Sunday. And I look forward to spoiling our two young grandchildren and encouraging in them the spirit of rebellion and challenge to authority that their father so often displayed at their age.

— Ken Krane, President

Talent Show Postponed

No, you didn't miss it. It just didn't happen. Yet! The date was set. The venue was reserved. But a mix of other factors led the OSURA Board to cancel the First Ever OSURA Talent Show for this year. The effort may be renewed. In that connection, the readers of this publication are thought to be far too modest. This year's planners contend that "there's a huge amount of talent out there among OSU retirees." However, there were a disappointing number of responses to News and Views' request for volunteer talent. How many responses? According to one informant, "if you guessed 'one,' you guessed too high." Nor were there any responses to the invitation to suggest other retirees with talent. So come on, folks. Let us know about your talent, hidden or otherwise. Or at least take a moment to tell us about the talents of your retired friends and neighbors. Send your offers and testimonials to dog.zone@comcast.net. The spotlight awaits you!

Barb Stuber Joins Board

We are pleased to welcome Barb Stuber as our newest OSURA Board member. Barb has agreed to fill the position vacated by Gerry DeMoss Beltrand, who recently married and moved to Arizona. Barb has spent 35 years in higher education administrative support positions, including ten years at the University of Oregon. She retired officially from the position of Office Manager in OSU's University Housing and Dining Services in January 2003 -- and actually "quit for good" during the summer of 2005. She currently works part-time in husband Larry's law office. Barb's family consists of "three grown sons safely launched from the nest, one overworked spouse, and assorted geriatric pets." Primary community involvements include

First Presbyterian Church, Good Samaritan Hospital, and Heartland Humane Society. She is "passionate about" friends, travel, music, books, politics, and most four-legged critters. Her two favorite things about retirement are reading into the wee hours and rarely setting the alarm.



Barb Stuber

Here are Barb's thoughts on OSURA and her new role with it: "This is an important

Guarding Your Identity

The OSURA Member Benefits Committee recently fielded the first in a series of informative programs for OSURA members. Entitled "Privacy and Security in the Computer Age," the event featured two speakers: Carlos Jensen, Assistant Professor in OSU's School of Electrical engineering and Computer Science, and Karen Davis, Counselor and Educator with Consumer Credit Counseling Services of Linn-Benton, Inc. Both speakers concentrated on identity theft and other forms of invasion of privacy. Jensen familiarized an attentive and appreciative audience of 45 with "cookies," "spy ware," "web bugs," and "phishing," reviewed the frequency and mechanics of invasion of privacy via one's home or office computer, and offered techniques for avoiding or minimizing risk. Davis explored other areas of identity theft, including credit cards, unshredded financial records, and mailbox theft.

Identity theft can be defined as a serious crime that occurs when your personal information is appropriated without your

knowledge. Regardless of the form the theft takes, it is always wise to remember that skilled thieves are also skilled liars capable of such heinous acts as going on a spending spree with your credit card, taking our loans or filing for bankruptcy in your name, or giving your name to the police during an arrest.

By this time, most of us have learned one of the cardinal rules of consumer protection: do not give out personal information of any kind over the phone or the internet unless you have initiated the contact. Here are a few other pointers aimed at protecting yourself:

Monitor your credit report. You are entitled to a free credit report annually, and you can get one at www.annualcreditreport.com.

Don't use the same password repeatedly. And don't use easily guessed passwords, like birth date or mother's maiden name. Then keep a printed record of all your passwords in a safe place at home.

Never carry more than two or three

organization that was a long time coming, and I'm looking forward to learning more about it. Retirees can choose to stay connected to the university and to each other, while OSU continues to benefit from the wealth of knowledge, talent, and energy that retirees still bring to the table. It's a win-win!"

We look forward to the benefits sure to come as a result of Barb's intelligence, experience, energy, leadership, and sparkling wit.

Trivia Answer:

Mercedes Bates

OSU Class of '36

credit cards.

Shred any document containing your name, address, or other personal information.

Make sure no one is observing the PIN number you type in at the ATM machine or the debit card machine at the check-out stand.

On your computer: use updated virus protection, a firewall, and a secure browser; don't download anything received from strangers; and delete all personal information before disposing of your PC.

The catalog of additional precautions and avoidance techniques is enormous -- and well beyond the limits of this short column. For a start on further information about identity theft, try any or all of these web pages: Federal Trade Commission: www.ftc.gov; www.consumer-action.org; Institute of Financial Education: www.icfe.info; Public Interest Resource Group: www.pirg.org; and www.consumer.gov/idtheft/.

Save-The-Date

May 9

OSURA Annual Meeting, 3-5 p.m.

May 12

Theatre Night

Join us for OSU's production of Neil Simon's "Rumors".

If you have any ideas for upcoming programs, workshops, or have suggestions for this newsletter e-mail osura@oregonstate.edu

In Brief

Fourth Annual OSURA Golf & Hor d'oeuvres Party

When: September 11, 2007 - 3:00 pm golf tee time - party 5:30 pm

Where: Trysting Tree Golf Course

Who: For both golfers and non-golfers

Eligibility: OSURA, AROPE Members, Family & "Retirement Age" Guests

Check the web site for more information. <http://oregonstate.edu/osura>



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OSURA

News & Views

University Events
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Yes! I/We would like to renew/begin a membership with OSURA. Enclosed is the membership fee of \$10 for each person. Donations above \$10 are gladly accepted and may be specified to go to the Scholarship Fund. Please make checks payable to OSURA. Membership year runs from July 1 - June 30.
If you are not sure if you have paid your dues, please contact Shelly Houghtaling (see below).

Name _____ Spouse/Partner's Name _____

Address _____
Street City State Zip

Secondary Address: Winter Summer Donation: \$ _____ General \$ _____ Scholarship

_____ Street City State Zip

Phone _____ Email _____

Department retired from? _____ What year did you retire? _____

Please return this form to Shelly Houghtaling, OSURA, University Events, Oregon State University, 205 Adams Hall Corvallis, OR 97331-2004. For questions call (541) 737-0724 or e-mail osura@oregonstate.edu.